



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore  
SVISSHA  
M.A./M.Sc.- Clinical Psychology

COURSE CODE	CATEGORY	COURSE NAME	L	T	P	CREDITS	TEACHING & EVALUATION SCHEME				
							THEORY			PRACTICAL	
							END SEM University	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*
MSCLPSY401	Compulsory	Neuropsychological Rehabilitation	5	0	0	5	60	20	20	0	0

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;  
Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objective (CEOs):** The students will be able to:

- Gain an understanding of the roles and functions of neuropsychological rehabilitation
- Understand Work Settings of neurorehabilitation Psychologists
- Identify different types of rehabilitations
- Understand the role of rehabilitation psychologist in the field of disability rehabilitation.

**Course Outcome (Cos):** The students should be able to:

- Understand realistic impact of a changing healthcare environment and evolving role of Neuropsychology and rehabilitation
- Explore different career options in neuropsychological rehabilitation
- Understand the role of psychologist in Rehabilitation
- Describe the different types of rehabilitations

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## **MSCLPSY401**

### **Neuropsychological Rehabilitation**

#### **Contents**

#### **Unit I**

Neuropsychological Rehabilitation: Concept, Historical antecedents and approaches,  
Rehabilitation Psychology: Definition, historical perspective, scope and methods.

#### **Unit II**

Neuropsychological Assessment and Syndrome Analysis and Rehabilitation in Minimal brain Dysfunction. Epilepsy. Mental Retardation and Learning Disabilities, Aphasia, Apraxia, and Agnosia, Therapeutic techniques for learning disability.

#### **Unit III**

Work Settings of Rehabilitation Psychologists, Designing training programmes for Rehabilitation Psychologists, Training need analysis, Role of psychologist in Rehabilitation.

#### **Unit IV**

Types of rehabilitations: Cardiac Rehabilitation; Cancer Rehabilitation, Neuromuscular Rehabilitation; Occupational Rehabilitation, Psychiatric Rehabilitation, Psychological and Vocational Rehabilitation

#### **Unit V**

Lobular Syndromes and Related Pathology: Frontal, Parietal, Occipital, Temporal Lobe syndromes. Cortex – areas and functions - Cerebral Cortex – Behavior and Limbic systems – Experience - Sensory, Motor, Associated Cortex Lobe Functions Genetics and Disability

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**Suggested Readings:**

- Boller, F. & Grafman, J, (1988). **Handbook of neuropsychology**. New York: Elsevier.
- Kolb, B., & Ian, Q. W. (1990). **Fundamental of neuropsychology**. New York: Freeman.
- Mukundan, C. R. (2007). **Brain experience; The experiential perspectives of the Brain**. New Delhi: Atlantic Publisher's.
- Ponsford, J. (Ed.) (2004). **Cognitive and Behavioural Rehabilitation**. New York: Guilford.
- Naatanen, R. (1992). **Attention and brain function**. Hillsdale: LEA.
- Parsuraman, R. (1998). **Attentive brain**. London: MIT Press.

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							THEORY			PRACTICAL	
							END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*
MSCLPSY402	Compulsory	Psychotherapy & Counselling	4	0	2	5	60	20	20	30	20

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

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Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objectives (CEOs):** The objective is to help the students to understand:

- Concepts, scope and approaches of counselling
- Different types & areas of Psychotherapy & counselling
- Goals or purpose of Psychotherapy & counselling
- The importance of psychotherapy & counselling

**Course Outcomes (COs):** The students should be able to:

- Articulate an understanding of their personal responsibility in creating their own academic, personal, and professional successes
- Familiar with the different types of psychotherapy and counselling
- Apply knowledge of Psychotherapy and counselling in day-to-day life
- Identify different career options as a Psychotherapist & Counsellor

**MSCLPSY402**

**Psychotherapy & Counselling**

## **Contents**

### **Unit I**

Psychotherapy: Meaning and definition, Goals or Purpose of Psychotherapy, Modes of Psychotherapy, Evaluation of Psychotherapy, Issues in psychotherapy

### **Unit II**

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Types of psychotherapy: Psychoanalytic therapy, Humanistic existential psychotherapy: Client-centered therapy, Gestalt therapy; Existential therapy. Cognitive behavioural therapy, Rational emotive behaviour therapy, Reality therapy,

### **Unit III**

Special psychotherapies: Non-directive therapy, Play therapy, Group therapy, Family and Couples therapy, Psychodrama,

### **Unit IV**

Introduction to Counselling: meaning, definition, goals and process of counselling, stages of the counselling process, psychological assessment and diagnosis in counselling

### **Unit V**

Approaches and skills of Counselling, Directive and non-directive approaches, Counselling skills, Counselling in Indian context. Some special forms of counselling: old age counselling, children counselling, adolescent, family and marriage counselling.

### **List of Practical:**

- Bhatia Battery
- NEO-PI
- Sentence Completion Test
- TAT Test
- 16 PF
- WAIS/WISC
- Draw A Man Test

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**Suggested Readings:**

- Corey, G. (2009). **Theory and practice of counselling and psychotherapy**. (8<sup>th</sup> Ed). Belmont, C.A: Brooks/Cole.
- Gelso, C. J., & Fretz, B.R. (2000). **Counseling psychology** (2<sup>nd</sup> Ed). KY: Cengage Learning.
- Woolfe, R., Dryden, W., & Strawbridge, S. (2010). **Handbook of counselling psychology** (3<sup>rd</sup> Ed). London: Sage Publication Ltd.
- Fouad, N.A. (2012). **APA Handbook of counseling psychology**. Washington: American Psychological Association.
- Cormier, S., & Hackney, H. (2013). **Counseling strategies and interventions** (8<sup>th</sup> International Edition). London: Pearson.
- Erford, B. (2013). **Orientation to the counseling profession: Advocacy, ethics, and essential professional foundations** (2<sup>nd</sup> Ed.). London: Pearson.
- Gladding, S. T. (2014). **Counseling: A comprehensive profession**. New Delhi: Pearson Education.

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<b>MSCLPSY403</b>	<b>Compulsory</b>	<b>Psychopharmacology</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>60</b>	<b>20</b>	<b>20</b>	<b>0</b>	<b>0</b>
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Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

**Course Educational Objectives (CEOs):** The objective is to help the students to understand:

- Classification of psychoactive drugs and their effects.
- The Principles of psychopharmacology
- The chemical and neurobehavioral basis of addiction

**Course Outcomes (COs):** The students should be able to:

- Understand major classes of psychoactive drugs alter brain function and behavior
- Utilize Techniques in Neuropharmacology
- Grasp the relevance of a neurotransmitter receptors and second-messengers' systems

**MSCLPSY403**

## **Psychopharmacology**

### **Contents**

#### **Unit I**

Principles of psychopharmacology: pharmacokinetics, and pharmacodynamics, Early & Modern Psychopharmacology, Techniques in Neuropharmacology: Micro dialysis, autoradiography, immunocytochemistry, and in-situ hybridization

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## Unit II

Psychopharmacological therapy: Overview of psychopharmacological therapy; Indications, mode of action and major concerns in the use of neuroleptics, anxiolytics, hypnotics, antidepressants, mood stabilizers, and psychostimulants.

## Unit III

An overview of basic principles of pharmacology with an emphasis on psychoactive drugs, Classification of psychoactive drugs and their effects

## Unit IV

Chemical signaling by neurotransmitters, neurotransmitter receptors and second-messengers' systems, Hormones

Techniques in behavioral pharmacology: measures of motor activity, analgesia, fear, anxiety, reward, learning and memory.

## Unit V

Pharmacological substances: Alcohol, Antidepressants, Antipsychotics, Benzodiazepines, Hallucinogens, Hypnotics, Opioid

## Suggested Readings:

- Bloom, F.E., Iverson, S.D., Roth, R.H., & Iversen, L.L. (2008). **Introduction to Neuropsychopharmacology**. New York: Oxford university Press.
- Ettinger, R.H. (2010). **Psychopharmacology**. NJ: Pearson education, Inc.
- Julien, R.M., Advokat, C.D. & Comaty, J.E. (2011). **A Primer of Drug Action**. New York: Worth publisher.

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- Mckim, W.A. & Hancock, S. (2012). **Drugs and Behavior: Introduction to Behavioral pharmacology.** Pearson.
- Meyer, J.S. & Quenzer, L.F. (2013). **Psychopharmacology: Drugs, the Brain and Behavior.** MA: Sinauer Associates, Inc.

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<b>MSCLPSY405</b>	<b>Compulsory</b>	<b>Research Project II</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>60</b>	<b>40</b>
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Q/A – Quiz/Assignment/Attendance, MST Mid Sem Test.

### **MSCLPSY405**

#### **Research Project II**

At the end of the semester the students who have opted for a Master's degree have to submit a research project I in the subject they wish to obtain an honours degree. The objectives of the course are:

- To check the ability of students in terms of their writing.
- To identify the problems of students in developing their writing skills.
- To gather the opinion of the teachers on their students' writing performance.
- To improve the writing skills of students' by suggesting some remedial measures.

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							THEORY			PRACTICAL	
							END SEM University	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*
MSCLPSY406	Compulsory	Comprehensive Viva	0	0	0	5	0	0	0	100	0

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A –Quiz/Assignment/Attendance, MST/ Mid Sem Test

### MSCLPSY406

#### Comprehensive Viva

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate program. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

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